



SHARE new mexico™

Abisom Behavioral health

Medication Management at Abisom Behavioral Health

Finding the right medication can be life-changing—and we're here to help you get there. At Abisom Behavioral Health LLC, our Medication Management Program offers personalized, expert care to help you feel better, think clearer, and live more fully.

Led by **Omotayo Sofela, PMHNP**, we start with a detailed evaluation to understand your unique needs and symptoms. From there, we create a customized medication plan that fits your life—not the other way around. Whether you're managing anxiety, depression, ADHD, bipolar disorder, or PTSD, we'll guide you every step of the way.

Our goal? To make sure your medication works *for* you—with minimal side effects and maximum results. Through regular check-ins, adjustments when needed, and open communication, we ensure your treatment evolves as you do.

At Abisom, we don't just prescribe—we partner with you on your path to mental wellness. Let's find the right balance, together.

Details

Ages: Children and Youth Teen Adults Seniors/elderly

Races: All

Genders: All

Intake Process: Appointment Necessary Call Email Online Application Walk-In

Documentation: Medicaid card WIC card Photo identification Social Security card

Payment Options: Fee for service Private Insurance Public Assistance

Special Needs: Abused or neglected Behavioral health or substance abuse Immigrants/refugees Persons involved in judicial system Physical or cognitive disabilities Veterans

Waiting List: Never Sometimes

Minimum Age: 12

Maximum Age: N/A

Contact: Tobi Sofela

Contact Email: sofela@abisom.com

Capacity: N/A

Restrictions: N/A

Services

Behavioral Health & Substance Abuse Services Outpatient Behavioral Health Facilities Behavioral Health Assessment & Treatment Substance Abuse Services

Locations

Albuquerque

*3901 Claremont avenue
Albuquerque, NM 87110*

Mailing:

*15 springtime creek
Albuquerque, NM 87110*

Phone: (505) 578-0100

Fax: (505) 578-0101

Hours: 9am- 5pm

Languages Spoken: Catalan English Other Spanish

Services Limited By Geography: No

Parent Organization

Abisom

At Abisom Behavioral Health LLC, our mission is to provide compassionate, personalized mental health care that empowers individuals to lead healthy, fulfilling lives. We are committed to supporting adolescents and adults through accessible, high-quality psychiatric services—whether in person or through telepsychiatry. By truly listening, understanding each unique story, and tailoring evidence-based treatment plans, we help our patients thrive emotionally, mentally, and holistically.

*3901 Claremont avenue
Albuquerque, NM 87110*

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Woodlands, TX 77354*

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<http://Www.abisom.com>