

Cooking for Health

Free, monthly, bilingual cooking nutrition classes are offered free to the public, with live cooking demonstrations, samples, and free produce. The event is open to all community members, and children are welcome.

Details

Ages: All ages **Genders:** All

Payment Options: Free **Waiting List:** Never

Services

Health Support/Education/Insurance Educational Programs

Locations

318 Isleta Blvd SW Albuquerque, NM 87105

Phone: (505) 217-2461

Parent Organization

Agri-Cultura Network

Our mission is to build infrastructure for local food growers to promote healthy food consumption, economic development, and decrease food insecurity in Albuquerque, NM. Agri-Cultura Network, is a farmer owned cooperative located in the South Valley of Albuquerque that aggregates, processes, and sells locally grown produce. The network consists of nine South Valley farms.

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Type: Nonprofit http://agri-cultura.org