

# **Cooking for Health**

Free, monthly, bilingual cooking nutrition classes are offered free to the public, with live cooking demonstrations, samples, and free produce. The event is open to all community members, and children are welcome.

## Details

Ages: All ages Genders: All Payment Options: Free Waiting List: Never

### Services

Health Support/Education/Insurance Educational Programs

## Locations

318 Isleta Blvd SW Albuquerque, NM 87105

Phone: (505) 217-2461

## **Parent Organization**

## **Agri-Cultura Network**

Our mission is to build infrastructure for local food growers to promote healthy food consumption, economic development, and decrease food insecurity in Albuquerque, NM. Agri-Cultura Network, is a farmer owned cooperative located in the South Valley of Albuquerque that aggregates, processes, and sells locally grown produce. The network consists of nine South Valley farms.

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