

#### **Family Wellness Services**

Call us to discuss options, schedule an Intake, and/or for more information.

The **Family Wellness Program** is designed to help parents (caregivers) examine some of their own past experiences and learn ways to become more nurturing and effective parents to their own children. Upon approval for the program, you will have the option to receive: individual therapy, group therapy with other parents/caregivers, and/or home visits from a Case Manager

Our **Parenting Therapy Groups for Men and Women** are facilitated by a Licensed Therapist and a Parent Educator. The Groups meet separately and are intended to support the general psycho-educational needs of the group with some therapeutic support. If additional therapeutic support is needed, it is possible to arrange individual therapy. Each Group meets once a week for two hours over the course of 12 weeks. Our Parenting Therapy Groups are recognized by Court Clinic and CYFD.

**Individual therapy** will be tailored to meet your individual needs.

Our **Home Visits** are provided by a Case Manager. This is a supportive, in-home service, to provide you with logistical and resource assistance, as needed, to address and/or remove obstacles that might be getting in the way of you being the best parent that you can be.

#### **Details**

Ages: Teen Adults Seniors/elderly

Genders: All

**Intake Process:** Call

Payment Options: Fee for service

Waiting List: Sometimes

#### Services

Individual & Family Support Services

### **Locations**

1709 Moon Street NE Albuquerque, NM 87112

**Phone:** (505) 271-0329

Services Limited By Geography: 1

Geographic Area Served: Bernalillo County

# **Parent Organization**

## All Faiths Children's Advocacy Center

We are the trusted advocates for children and their families affected by trauma. We focus on the prevention, intervention, investigation and treatment of childhood trauma. As a Children's Advocacy Center(CAC) accredited by the National Children's Alliance we provide a child-friendly facility where law enforcement, child protection, family advocacy, therapy, and training offer children and their caregivers safety and a road to healing and recovery.

Childhood trauma is a public health issue. We approach healing and recovery through a trauma sensitive lens by recognizing the widespread impact of trauma and its lasting impact upon a child's mental, physical, social, emotional, and spiritual well-being. Trauma has no boundaries with regard to age, gender, socioeconomic status, race, ethnicity, or sexual orientation.

All Faiths Children's Advocacy Center is recognized for our expertise in forensic services, family advocacy, therapy, and professional development training to law enforcement, educators, municipalities, and human services professionals in New Mexico.

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NM

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