



SHARE new mexico™

Anchor Behavioral Health – Albuquerque & Las Cruces Outpatient Treatment

Anchor Behavioral Health provides evidence-based outpatient addiction and behavioral health treatment for adults in Albuquerque and throughout New Mexico. Services include intensive outpatient treatment, outpatient addiction care, dual diagnosis treatment, individual and group counseling, family support, structured sober living, aftercare, and personalized recovery planning. We treat substance use disorders, alcohol addiction, opioid addiction, trauma, anxiety, depression, and other co-occurring mental health conditions. Anchor accepts New Mexico Medicaid and many commercial insurance plans. We also coordinate care with probation departments, the Federal Justice System, hospitals, community supervision programs, and referral agencies. On-site detox and inpatient treatment are not provided, but our team can connect individuals with trusted referral partners when a higher level of care is needed.

Details

Ages: Adults

Races: All

Genders: All

Intake Process: Call Email Walk-In

Payment Options: Fee for service Private Insurance Public Assistance

Waiting List: Sometimes

Minimum Age: 18

Contact: Anchor Admissions Team

Contact Email: admissions@anchornm.com

Services

Locations

Anchor Behavioral Health - Albuquerque

*7005 Prospect Pl NE Albuquerque, NM 87110
Albuquerque, NM 87110*

Phone: (505) 418-8524

Toll Free: (505) 418-8524

Hours: Monday–Friday, 8:00 AM–5:00 PM

Languages Spoken: English

Services Limited By Geography: No

Anchor Behavioral Health - Las Cruces

*414 N Main St, Suite 1 Las Cruces, NM 88001
Las Cruces, NM 88001*

Phone: (505) 418-8524

Toll Free: (505) 418-8524

Hours: Monday–Friday, 8:00 AM–5:00 PM

Languages Spoken: English

Services Limited By Geography: No

Parent Organization

Anchor Behavioral Health

Anchor Behavioral Health Albuquerque provides a welcoming, stigma-free environment where individuals and families can begin their recovery journey with [evidence-based care](#) and compassionate support. Located in the northeast corridor at 7005 Prospect Pl NE, our licensed clinicians and recovery specialists offer person-centered, trauma-informed treatment in a safe and supportive space—helping clients feel understood, empowered, and guided every step of the way.

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Mailing:

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EIN: 99-4385277

<http://www.anchornm.com>