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## Diné Introspective

Diné Introspective promotes mental, physical, spiritual wellbeing, and environmental issues surrounding our local communities to increase intellectual health awareness between self-reliance and living a healthy lifestyle (Yá'átéehgo jiiiná).

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## Details

**Races:** Native Americans

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## Services

Health Care   Health Support/Education/Insurance   Behavioral Health & Substance Abuse Services  
Behavioral Health Assessment & Treatment

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## Locations

### Diné Introspective

*US HWY 64 Dineh Housing N-22*

*Shiprock, NM 87420*

**Mailing:**

*PO Box 2133*

*Shiprock, NM 87420*

**Phone:** (505) 360-9633

**Geographic Area Served:** McKinley County   San Juan County

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## Parent Organization

### Arrowhead Lifeway

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Tribal Resource

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*Shiprock, NM 87420*

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*PO Box 2133*

*Shiprock, NM 87420*

***Phone:*** (505) 360-9633

***Contact Email:*** [arrowheadlifeway@gmail.com](mailto:arrowheadlifeway@gmail.com)

***Type:*** Nonprofit

<http://www.dineintrospectiveina.org/arrowhead-lifeway>