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## Catron County Wellness Center

Drop-in center offering use of computers, phones, exercise room (a physical therapist volunteers when needed to assist with exercises - eg., post-surgery), help filing for unemployment, SNAP and other state benefits; also help filing for Social Security. Classes vary through the year (eg., classes on herbs, art classes, diabetes and other health education).

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### Details

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### Services

Individual & Family Support Services   Community Facilities/Centers

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### Locations

*115-B Main Street  
Reserve, NM 87830*

**Phone:** (575) 533-6075

**Hours:** Monday - Friday, 10:00 am - 4:00 pm

**Geographic Area Served:** Catron County

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### Parent Organization

#### Catron County Grassroots Behavioral Health Group

The Catron County Behavioral Health Group began as a committee of the Catron County Council. The purpose of its formation was to provide advocacy for people with behavioral health challenges (substance abuse and mental illness) and to provide needed services to this frontier area. Our mission is to develop a wraparound system of care within Catron County by which we can provide and assist individuals with healing, well-being and support. We would like to provide the community with awareness programs to help individuals and their families understand behavioral health issues.

*PO Box 813  
Reserve, NM 87830*

**Phone:** (575) 533-6075

**Type:** Nonprofit

**EIN:** 452535037