

# **Home Visiting Program**

This home-based program provides first time pregnant women and parents with home visits by a trained health educator. The visits are an opportunity for new parents to learn about prenatal and postpartum care, parenting, comforting their new baby, feeding, breastfeeding, infant growth and development, selecting books/toys that teach, community resources, working towards solutions for family challenges and nurturing positive relationships. All first time parents, families and their newborns in New Mexico are eligible for their free program. New moms may begin participation in the program at any time during pregnancy and up until their newborn is 2 months old. Participants may receive home visitor and support until the child reaches age 3.St. Joseph Referral Service: This referral service is integrated with and works in conjunction with the Home Visit program. Needs are identified by families during the home visiting process. Individuals enrolled in the Home Visit program will receive individualized assistance in accessing needed resources in the community.

### **Details**

**Ages:** Prenatal Infants and toddlers

Minimum Age: Prenatal Maximum Age: 36 months

**Restrictions:** All first-time parents, families and their newborns who live in the metropolitan area (Bernalillo, Sandoval, and Valencia Counties) are welcome to participate in this free program. Program participation may begin any time during pregnancy up until a baby is 2 months old. Participation continues

until the baby is 3 years old.

### **Services**

Pregnancy, Childbirth & Infant Care Care/Case Management Information Services Parenting Education Individual & Family Support Services Early Childhood Care & Education

#### Locations

1516 5th Street NW Albuquerque, NM 87102

**Phone:** (505) 924-8000

Geographic Area Served: Bernalillo County Catron County Chaves County Cibola County Colfax County Curry County De Baca County Dona Ana County Eddy County Grant County Guadalupe County Harding County Hidalgo County Lea County Lincoln County Los Alamos County Luna County McKinley County Mora County Otero County Quay County Rio Arriba County Roosevelt County Sandoval County San Juan County San Miguel County Santa Fe County Sierra County

Socorro County Taos County Torrance County Union County Valencia County

# **Parent Organization**

# CHI St. Joseph's Children

CHI St. Joseph's Children is engaged in work that will insure New Mexico children reach kindergarten with the health and family capacity necessary to support learning. Now serving ALL counties in New Mexico.

## Three primary strategies support this goal:

- Advocacy;
- Increase the capacity of families to parent, through a home visiting program;
- Increase utilization of appropriate services, through an enhanced referral program

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