



## Home Visiting Program

This home-based program provides first time pregnant women and parents with home visits by a trained health educator. The visits are an opportunity for new parents to learn about prenatal and postpartum care, parenting, comforting their new baby, feeding, breastfeeding, infant growth and development, selecting books/toys that teach, community resources, working towards solutions for family challenges and nurturing positive relationships. All first time parents, families and their newborns in New Mexico are eligible for their free program. New moms may begin participation in the program at any time during pregnancy and up until their newborn is 2 months old. Participants may receive home visitor and support until the child reaches age 3. St. Joseph Referral Service: This referral service is integrated with and works in conjunction with the Home Visit program. Needs are identified by families during the home visiting process. Individuals enrolled in the Home Visit program will receive individualized assistance in accessing needed resources in the community.

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### Details

**Ages:** Prenatal Infants and toddlers

**Minimum Age:** Prenatal

**Maximum Age:** 36 months

**Restrictions:** All first-time parents, families and their newborns who live in the metropolitan area (Bernalillo, Sandoval, and Valencia Counties) are welcome to participate in this free program. Program participation may begin any time during pregnancy up until a baby is 2 months old. Participation continues until the baby is 3 years old.

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### Services

Pregnancy, Childbirth & Infant Care   Care/Case Management   Information Services   Parenting  
Education   Individual & Family Support Services   Early Childhood Care & Education

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### Locations

1516 5th Street NW  
Albuquerque, NM 87102

**Phone:** (505) 924-8000

**Geographic Area Served:** Bernalillo County   Catron County   Chaves County   Cibola County   Colfax County   Curry County   De Baca County   Dona Ana County   Eddy County   Grant County   Guadalupe County   Harding County   Hidalgo County   Lea County   Lincoln County   Los Alamos County   Luna County   McKinley County   Mora County   Otero County   Quay County   Rio Arriba County   Roosevelt County   Sandoval County   San Juan County   San Miguel County   Santa Fe County   Sierra County   Socorro County   Taos County   Torrance County   Union County   Valencia County

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## **Parent Organization**

### **CHI St. Joseph's Children**

CHI St. Joseph's Children is engaged in work that will insure New Mexico children reach kindergarten with the health and family capacity necessary to support learning. Now serving ALL counties in New Mexico.

#### **Three primary strategies support this goal:**

- Advocacy;
- Increase the capacity of families to parent, through a home visiting program;
- Increase utilization of appropriate services, through an enhanced referral program

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