

# Manzano Mesa Multigenerational Fitness Room

#### **Details**

Minimum Age: 18

#### Services

Public Health Older Adults

### Locations

501 Elizabeth St., SE Albuquerque, NM 87123

Phone: (505) 275-8731

### **Parent Organization**

## City of Albuquerque Dept. of Senior Affairs

The Department of Senior Affairs provides activities and opportunities to promote active and healthy aging. We also offer a continuum of care designed to meet individual needs throughout the aging spectrum.

714 7th St SW Albuquerque, NM 87102

Phone: (505) 764-6400 Contact Email: seniorinformation@cabq.gov Type: Government http://www.cabq.gov/seniors/senior-services