



**SHARE** new mexico™

## Manzano Mesa Multigenerational Fitness Room

---

### Details

**Minimum Age:** 18

---

### Services

Public Health   Older Adults

---

### Locations

*501 Elizabeth St., SE  
Albuquerque, NM 87123*

**Phone:** (505) 275-8731

---

### Parent Organization

#### City of Albuquerque Dept. of Senior Affairs

The Department of Senior Affairs provides activities and opportunities to promote active and healthy aging. We also offer a continuum of care designed to meet individual needs throughout the aging spectrum.

*714 7th St SW  
Albuquerque, NM 87102*

**Phone:** (505) 764-6400

**Contact Email:** [seniorinformation@cabq.gov](mailto:seniorinformation@cabq.gov)

**Type:** Government

<http://www.cabq.gov/seniors/senior-services>