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Palo Duro Senior Center

All senior, multigenerational and 50+ Fitness Centers are open for full operations. When visiting our facilities, masks are required in all public spaces regardless of vaccination status. Some virtual programming and all Senior Social Services will continue to be available. Stay active and connected at home with our virtual resources available at Facebook.com/cabqseniors or [on our website here](#).

Low-cost breakfasts and lunches are available.

Details

Contact: Antoinette Sigala

Contact Email: asigala@cabq.gov

Services

Older Adults Community Facilities/Centers

Locations

*5221 Palo Duro Ave. NE
Albuquerque, NM 87110*

Phone: (505) 888-8102

Hours: Mon-Tue, Thur-Fri: 8:00 am-5:00 pm; Wed: 9:00 am-7:00 pm; Sat: 9:00 am-1:00 pm

Parent Organization

City of Albuquerque Dept. of Senior Affairs

The Department of Senior Affairs provides activities and opportunities to promote active and healthy aging. We also offer a continuum of care designed to meet individual needs throughout the aging spectrum.

*714 7th St SW
Albuquerque, NM 87102*

Phone: (505) 764-6400

Contact Email: seniorinformation@cabq.gov

Type: Government

<http://www.cabq.gov/seniors/senior-services>