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## Senior Information and Assistance

Call **(505) 764-6400** (TTY: 1-800-659-8331) for information about resources for seniors in Albuquerque, including senior and multigenerational centers, sports & fitness programs, meal sites, volunteer opportunities, care coordination, home-delivered meals, home chores (including retrofit and minor repairs), Silver Alert, transportation, and referral assistance and literature.

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### Details

**Ages:** Seniors/elderly

**Races:** All

**Genders:** All

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### Services

Information Services   Older Adults

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### Locations

*1620 1st Street NW  
Albuquerque, NM 87102*

**Phone:** (505) 764-6400

**Geographic Area Served:** Bernalillo County

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### Parent Organization

#### City of Albuquerque Dept. of Senior Affairs

The Department of Senior Affairs provides activities and opportunities to promote active and healthy aging. We also offer a continuum of care designed to meet individual needs throughout the aging spectrum.

*714 7th St SW  
Albuquerque, NM 87102*

**Phone:** (505) 764-6400

**Contact Email:** [seniorinformation@cabq.gov](mailto:seniorinformation@cabq.gov)

**Type:** Government

<http://www.cabq.gov/seniors/senior-services>