

#### **Senior Information and Assistance**

Call (505) 764-6400 (TTY: 1-800-659-8331) for information about resources for seniors in Albuquerque, including senior and multigenerational centers, sports & fitness programs, meal sites, volunteer opportunities, care coordination, home-delivered meals, home chores (including retrofit and minor repairs), Silver Alert, transportation, and referral assistance and literature.

#### **Details**

Ages: Seniors/elderly

Races: All Genders: All

## **Services**

Information Services Older Adults

## **Locations**

1620 1st Street NW Albuquerque, NM 87102

**Phone:** (505) 764-6400

Geographic Area Served: Bernalillo County

# **Parent Organization**

## City of Albuquerque Dept. of Senior Affairs

The Department of Senior Affairs provides activities and opportunities to promote active and healthy aging. We also offer a continuum of care designed to meet individual needs throughout the aging spectrum.

714 7th St SW Albuquerque, NM 87102

**Phone:** (505) 764-6400

Contact Email: seniorinformation@cabq.gov

**Type:** Government

http://www.cabq.gov/seniors/senior-services