Senior Meals

The Department of Senior Affairs offers seniors, age 60 and older, a free (donation-based) lunch at 21 locations throughout Albuquerque and Bernalillo County. The lunch is served from 11:30AM to 12:30PM and meals must be reserved 24 hours in advance. The monthly menu is available at cabq.gov/seniors, in the center newsletters, and posted at the centers.

In addition to lunch, a low-cost breakfast is also available at the following senior/multigenerational centers: Los Volcanes, Manzano Mesa, North Domingo Baca, North Valley, and Barelas.

Lunch-only meal sites include Raymond G. Sanchez Community Center; Cesar Chavez Community Center; Rio Bravo Senior Meal Site; Los Duranes Community Center; South Valley Multi-Purpose Senior Center; Taylor Ranch Community Center; Thomas Bell Community Center; Paradise Hills Community Center Annex; Ed Romero Terrace Apts.; Encino Garden; Encino Terrace; Embudo Towers; Shalom House; Tijeras Senior Center; La Amistad; and Whispering Pines Senior Center.

The Department of Seniors Affairs also has three senior centers (Bear Canyon, Palo Duro, and Highland) that offer lunch at a reduced price ($3.25 for those 60 and older) as well as ala carte sandwiches, soups, and salads at a low price.

Details

Ages: Seniors/elderly
Races: All
Minimum Age: 60

Services

Food Older Adults Transportation

Locations

Barelas Senior Center

714 7th St. SW
Albuquerque, NM 87102

Phone: (505) 764-6436
Hours: Breakfast: Mon-Fri, 8:00 to 9:00 am; Lunch: Mon-Fri, 11:30 am - 1:00 pm
Geographic Area Served: Bernalillo County

Los Volcanes Senior Center

6500 Los Volcanes NW
Albuquerque, NM 87121

Phone: (505) 767-5999
Hours: Breakfast: Mon-Fri, 8:00 to 9:00 am; Lunch: Mon-Fri, 11:30 am - 12:30 pm
Geographic Area Served: Bernalillo County

Manzano Mesa Multigenerational Center

501 Elizabeth St. SE
Albuquerque, NM 87123

Phone: (505) 768-2860
Hours: Breakfast: Mon-Fri, 8:00 to 9:00 am; Lunch: Mon-Fri, 11:30 am - 12:30 pm
Geographic Area Served: Bernalillo County

North Valley Senior Center

3825 4th Street NW
Albuquerque, NM 87107

Phone: (505) 761-4025
Hours: Breakfast: Mon-Fri, 8:00 to 9:00 am; Lunch: Mon-Fri, 11:30 am - 1:00 pm
Geographic Area Served: Bernalillo County

North Domingo Baca Multigenerational Center

7521 Carmel Ave. NE
Albuquerque, NM 87113

Phone: (505) 764-6475
Hours: Lunch only (reservations required)
Geographic Area Served: Bernalillo County

Parent Organization

City of Albuquerque Dept. of Senior Affairs

The Department of Senior Affairs provides activities and opportunities to promote active and healthy aging. We also offer a continuum of care designed to meet individual needs throughout the aging spectrum.

714 7th St SW
Albuquerque, NM 87102

***Phone:** (505) 764-6400*
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Type: *Government*
http://www.cabq.gov/seniors/senior-services