



## Senior Meals

The Department of Senior Affairs offers seniors, age 60 and older, a free (donation-based) lunch at 21 locations throughout Albuquerque and Bernalillo County. The lunch is served from 11:30AM to 12:30PM and meals must be reserved 24 hours in advance. The monthly menu is available at [cabq.gov/seniors](http://cabq.gov/seniors), in the center newsletters, and posted at the centers.

In addition to lunch, a low-cost breakfast is also available at the following senior/multigenerational centers: Los Volcanes, Manzano Mesa, North Domingo Baca, North Valley, and Barelás.

Lunch-only meal sites include Raymond G. Sanchez Community Center; Cesar Chavez Community Center; Rio Bravo Senior Meal Site; Los Duranes Community Center; South Valley Multi-Purpose Senior Center; Taylor Ranch Community Center; Thomas Bell Community Center; Paradise Hills Community Center Annex; Ed Romero Terrace Apts.; Encino Garden; Encino Terrace; Embudo Towers; Shalom House; Tijeras Senior Center; La Amistad; and Whispering Pines Senior Center.

The Department of Seniors Affairs also has three senior centers (Bear Canyon, Palo Duro, and Highland) that offer lunch at a reduced price (\$3.25 for those 60 and older) as well as ala carte sandwiches, soups, and salads at a low price.

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## Details

**Ages:** Seniors/elderly

**Races:** All

**Minimum Age:** 60

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## Services

Food   Older Adults   Transportation

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## Locations

### Barelás Senior Center

714 7th St. SW  
Albuquerque, NM 87102

**Phone:** (505) 764-6436

**Hours:** Breakfast: Mon-Fri, 8:00 to 9:00 am; Lunch: Mon-Fri, 11:30 am - 1:00 pm

**Geographic Area Served:** Bernalillo County

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## **Los Volcanes Senior Center**

*6500 Los Volcanes NW  
Albuquerque, NM 87121*

**Phone:** (505) 767-5999

**Hours:** Breakfast: Mon-Fri, 8:00 to 9:00 am; Lunch: Mon-Fri, 11:30 am - 12:30 pm

**Geographic Area Served:** Bernalillo County

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## **Manzano Mesa Multigenerational Center**

*501 Elizabeth St. SE  
Albuquerque, NM 87123*

**Phone:** (505) 768-2860

**Hours:** Breakfast: Mon-Fri, 8:00 to 9:00 am; Lunch: Mon-Fri, 11:30 am - 12:30 pm

**Geographic Area Served:** Bernalillo County

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## **North Valley Senior Center**

*3825 4th Street NW  
Albuquerque, NM 87107*

**Phone:** (505) 761-4025

**Hours:** Breakfast: Mon-Fri, 8:00 to 9:00 am; Lunch: Mon-Fri, 11:30 am - 1:00 pm

**Geographic Area Served:** Bernalillo County

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## **North Domingo Baca Multigenerational Center**

*7521 Carmel Ave. NE  
Albuquerque, NM 87113*

**Phone:** (505) 764-6475

**Hours:** Lunch only (reservations required)

**Geographic Area Served:** Bernalillo County

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## **Parent Organization**

### **City of Albuquerque Dept. of Senior Affairs**

The Department of Senior Affairs provides activities and opportunities to promote active and healthy aging. We also offer a continuum of care designed to meet individual needs throughout the aging spectrum.

*714 7th St SW  
Albuquerque, NM 87102*

**Phone:** (505) 764-6400

**Contact Email:**

*seniorinformation@cabq.gov*

**Type:** *Government*

<http://www.cabq.gov/seniors/senior-services>