



## Senior Programs

Wide range of quality programs and services for adults age 50 and older. (Some programs are for ages 60+). A list of the current activities and classes at each of the centers can be viewed by clicking on the link, "Senior Programs Activities" on the website: <http://www.las-cruces.org/en/departments/quality-of-life/senior-programs/activities>

Senior programs include: Info and referral at Senior Resource Center, Nutrition programs (meals and food distribution), Grandparents Raising Grandchildren program, case management, and in-home services. Call for more info. The two senior centers are Munson Senior Center and Sage Cafe Senior Center. Congregate meals for seniors and food boxes are also available at Eastside Community Center, Frank O'Brien Pappen Center and Henry Benavidez Community Center.

---

## Details

---

## Services

Food   Individual & Family Support Services   Community Facilities/Centers   Government Offices & Community Groups   Older Adults

---

## Locations

975 S. Mesquite  
Las Cruces, NM 88001

**Phone:** (575) 528-3000

**Geographic Area Served:** Dona Ana County

---

## Parent Organization

### City of Las Cruces Senior Programs

To promote and enhance the physical, intellectual, social and creative well-being of individuals 50+ in order to improve their quality of life.

975 S. Mesquite  
Las Cruces, NM 88001

**Phone:**

(575) 528-3000

**Type:** Government

<http://lascruces.gov/community/activities-and-programs/activities-for-seniors/>