

## Dar a Luz Birth and Health Center

Pregnancy: \* Prenatal care \* Any lab work needed \* Referral for ultrasound if needed or desired \* Doulas \* Birth at the birth center \* Water birth \* Postpartum care \* Breastfeeding assistance \* Newborn care assistance \* Variety of classes Well Woman Care: \* Annual exams \* Pap smears, and STD testing and treatment \* Birth control management \* Natural family planning \* Managing menstrual problems \* Menopausal care \* Treatment of urinary/vaginal infections \* Referral for mammograms \* Lab services \* Classes including childbirth education, breastfeeding, newborn \* Community support groups for birth trauma/healing, pregnancy loss, new parents

### **Details**

Minimum Age: 16

**Restrictions:** Healthy low risk women and newborns

### **Services**

Health Screening Health Support/Education/Insurance Pregnancy, Childbirth & Infant Care Dental Services & Medical Specialists

# **Locations**

7708 4th Street NW Albuquerque, NM 87107

**Phone:** 505-924-2229

# **Parent Organization**

### Dar a Luz Birth and Health Center

Dar a Luz is dedicated to providing compassionate and holistic prenatal care, women's health services, and a safe alternative to hospital birth for women and their families.

7708 4th Street NW Albuquerque, NM 87107 **Mailing:** Same

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*Type:* Nonprofit *EIN:* 260872252

http://www.daraluzbirthcenter.org