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## Mental Health Counseling

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### Details

**Minimum Age:** 12

**Maximum Age:** 99

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### Services

Behavioral Health Assessment & Treatment

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### Locations

*12126 State Highway 14 North  
Cedar Crest, NM 87008*

**Phone:** 505-286-6112

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### Parent Organization

#### Eastern Slope Counseling and Consulting

I have been providing counseling services to individuals, couples, families, and groups since 2003. Eastern Slope Counseling and Consulting (ESCC) is the practice I've established near my home in Cedar Crest, New Mexico—about 15 miles from Greater Albuquerque. I've chosen to practice in the near East Mountains because I love the outdoors and find that the mountains can be a powerful impetus for reflection and insight - and ultimately a source of strength. It's a quiet, peaceful area and really conducive to effective psychotherapy work. It's a little further to drive, and I think you'll see that it's worth every mile. Instead of driving through the endless strip malls of the city, you will enjoy a few miles of expansive mountains to and from your appointments –opportunities to center yourself for treatment and then integrate your experience before returning to your own world.

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Cedar Crest, NM 87008*

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**Type:** Forprofit

<http://escnm.com>