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## **First Born Program of Los Alamos County**

First Born Program of Los Alamos County offers research-based curriculum and relationship-centered support through free weekly home visits. Families identify their personal goals and learn to build upon their strengths, recognize challenges and opportunities for growth, and establish healthy relationships whose effects will last a lifetime. The relationship with an assigned, trained Home Visitor starts with prenatal care and continues to age 3 years, or until the family goals are achieved. The program's curriculum includes comprehensive tools, periodic preventative screenings for depression, domestic violence, safety, and physical, emotional and social development, as well as activities, and educational materials that are adapted to each family's needs. A healthy pregnancy and healthy baby are not only critical to the immediate well being of mother and child but are also basic to the long-term health and success of family and community.

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### **Details**

**Ages:** Prenatal Infants and toddlers

**Minimum Age:** Prenatal

**Maximum Age:** 36 months

**Restrictions:** Pregnant for the first time or you are a first-time parent with a child two months of age or younger,

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### **Services**

Education Parenting Education Pregnancy, Childbirth & Infant Care

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### **Locations**

*3917 West Road  
Los Alamos, NM 87544*

**Phone:** 5056619224

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### **Parent Organization**

#### **First Born Program of Los Alamos County**

First Born Program of Los Alamos (FBPLA) creates a community focused on family resilience and optimal child development through supportive relationships, home visitation, and community education.

*190 Central Park Square, Ste 216  
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**Type:** Nonprofit

**EIN:** 800852704

<http://www.firstbornla.org>