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Girls on the Run Rio Grande After School Programs

At Girls on the Run we inspire girls to recognize their inner strength and celebrate what makes them one of a kind. Trained coaches lead small teams through our research-based curricula which includes dynamic discussions, activities and running games. Over the course of the ten-week program, girls in 3rd-8th grade develop essential skills to help them navigate their worlds and establish a lifetime appreciation for health and fitness. The program culminates with girls positively impacting their communities through a service project and being physically and emotionally prepared to complete a celebratory 5K event

Details

Ages: Children and Youth

Races: All

Genders: Females

Intake Process: Online Application

Payment Options: No one is refused service due to inability to pay

Waiting List: Sometimes

Minimum Age: 8

Maximum Age: 12

Contact: Mo Burson

Contact Email: monique.burson@girlsontherun.org

Capacity: Albuquerque

Services

Youth Development Educational Programs Leisure/Recreation/Sports

Locations

PO Box 36072

Albuquerque, NM 87176

Parent Organization

Girls on the Run Rio Grande

We inspire girls to be joyful, healthy and confident using a fun, experience based curriculum which creatively integrates running.

At Girls on the Run we inspire girls to recognize their inner strength and celebrate what makes them one of a

kind. We believe that every girl is inherently full of power and potential. By knowing they are the leaders of their lives, these are the girls who will change the world.

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Type: *Nonprofit*

EIN: *46-0564804*

<http://www.girlsontherunriogrande.org>