

## Community Base Holistic/Self-Care Health Fair

We are a Mobile Exhibit, with 14 large self-standing customized Health Display Boards. All Boards are connected to create a panoramic viewing experience, which provides citizens with direct access to Holistic Science/Se-f-care information. Images of Holistic Health are blended with words od Wisdon and Self-Care. Healthy Prizes are offered to encourage and support citizens to complete a Healthy Challenge Quizes. Quizes are used as guides to promote engagement with the information on Display. This creates a learning atmosphere to get citizens to talk about health and promote their health through collective self-care efforts, thus enhancing capacity building, and sustain postive change.

#### **Details**

Ages: All ages

Intake Process: Walk-In Contact: Stephen Butler

Contact Email: steve@healthychoicehealthfair.org

Capacity: Albuquerque

#### Services

Public Health

#### Locations

# **Caesar Chavez Community Center**

3817 thaxton ave, se Albuquerque, NM 87108

**Phone:** (505) 503-0284

Languages Spoken: English Spanish

Geographic Area Served: Bernalillo County

### **Parent Organization**

## **Healthy Choice Health Fair**

Resources are sought to address health Disparities and Advance Health Equality through conducting Community Based Holistic/Self-Care Health fairs. We are focused on reducing the incidence of preventable diseases for underserved communities of Color and dirverse culturies. We entail a total community

engagement approach and a heartfelt commitment to improving the health of our citizens who feel alone and no longer able to influence their health outcomes.

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