

# **Riding the Relationship Roller Coaster: Dating, Engaged and Married Couples**

Using Strength-Based Curricula, we provide educational programs for couples who are dating, engagaed or married. Our themes are: Effective Communication Skills, Conflict Resolution Skills, Healthy Intimacy, Relationship Roles and Decision Making and Managing Finances.

We also provide parenting programs. The themes covered are: Nurturing Lifestyle, Ages & Stages - Growth and Development, Expectations, Empathy, Needs, Routines, Discipline etc.

#### Details

Ages: Teen Adults Seniors/elderly Genders: Females Males Payment Options: Sliding scale Special Needs: Veterans Waiting List: Never

#### Services

Educational Programs Parenting Education Money Management Individual & Family Support Services

## Locations

Phone: 505-417-7586

## **Parent Organization**

## **Healthy Relationships 101**

Vision: To create stable, healthy "forever" marriages which provide children with a strong foundation for optimum growth and development.

Mission: To promote, encourage and strengthen healthy relationships by providing relationship and parenting educational services for individuals and organizations.

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