

# **First Steps Home Visiting Program**

Holy Cross Hospital's First Steps Home Visitors provide support to women who are pregnant for the first time, and to first-time parents including fathers, adoptive parents and foster families. Taos First Step home visitors foster a healthy transition to parenthood for the first three years of the child's life. Through one-on-one relationships with their home visitor, parents gain knowledge about nutrition, preventative health care, preschool readiness and access to community resources.

# Details

**Ages:** Prenatal Infants and toddlers **Restrictions:** Women who are pregnant for the first time, and to first-time parents including fathers, adoptive parents and foster families in Taos and Western Colfax Counties.

#### Services

Parenting Education

# Locations

118 Este Es Road Suite F Taos, NM 87571

# **Parent Organization**

# **Holy Cross Hospital**

Cancer Support Services, a program of Holy Cross Medical Center since 2012, offers non-clinical support to improve the quality of life for people with cancer and their families.

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