



SHARE new mexico™

Perinatal Depression Resource Assistance

Once we established our non-profit organization, and learning more about perinatal depression, we took another leap of faith. I decided to create a documentary, *Kassy's Hope (My Life 4 Yours)* to break the silence of a mental health disorder that can occur at any point during the perinatal period (during pregnancy up to the 1st year of baby's life). Unfortunately, the stigma that can come with having these types of feelings from mothers-to-be can far outweigh reaching out to professionals or even loved ones for help. When individuals call us, we do an intake to see what resources best fit them. We follow up in 2 weeks to see if they are doing okay.

Details

Ages: All ages

Races: All

Genders: All

Intake Process: Call

Documentation: Photo identification

Payment Options: Free

Special Needs: Behavioral health or substance abuse

Waiting List: Never

Minimum Age: 15 years old

Maximum Age: 100 years old

Contact: Susan Aguayo

Contact Email: kassykause@yahoo.com

Capacity: Support groups are limited to 9

Services

Health Support/Education/Insurance Pregnancy, Childbirth & Infant Care

Locations

Phone: (505) 603-2988

Languages Spoken: English Spanish

Geographic Area Served: Bernalillo County Sandoval County Valencia County

Parent Organization

Kassy's Kause

The mission of Kassy's Kause is to educate and raise awareness to Perinatal and Postpartum Depression, that

women can experience while pregnant, as well as to educate women and families on the signs of this maternal mental illness and providing community resources with treatment and guidance.

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NM

Phone: (505) 603-2988

Primary Contact: Susan Aguayo

Contact Email: *kassyskause@yahoo.com*

Type: Nonprofit

EIN: 47-5530960

<http://www.kassyskause.org>