

### **Developmental Disabilities Services**

La Vida provides a variety of services for adults with developmental disabilities. Customized Community **Support Group Services** (adult day program) is a person-centered and community-based model. Participants are supported in increasing daily living skills, recreational activities, increasing social skills, and community participation. A particular emphasis is on acquiring necessary skills and knowledge to maximize community integration. Our day program provides participants opportunities to learn and grow through continuous exposure to community-based activities. Day program participants spend at least 50% of their time in the community each month. Customized Community Individual Services are provided on a one-on-one basis rather than a group setting. Services are individualized according to the individual's needs and interests and focus on assisting them to acquire skills and knowledge crucial for living in their community. Services include but are not limited to: volunteer activities, social activities, and cultural activities. Staff focus on helping individuals gain an increase in independence through participation in these community activities. La Vida also offers Family Living services that provide a natural home setting in the community. It is a 24-hour services that brings an individual into a family setting, either with their own family or another family, where they can feel comfortable and supported. Customized In Home Supports assist individuals in realizing their potential and achieving their dreams of living independently and being as self-sufficient as possible. This service can be offered in the home or in the community. Services include assistance with housekeeping and home care, health maintenance, weekly planning, therapy goals, transportation and community integration.

### **Details**

Ages: Adults Races: All Genders: All

Intake Process: Call Walk-In

Payment Options: Free

**Special Needs:** Physical or cognitive disabilities

Waiting List: Never Minimum Age: 18

#### Services

Individual & Family Support Services Employment & Training Disabilities and Health Concerns

#### **Locations**

530 Sun Ranch Village Road Los Lunas, NM 87031

**Phone:** 505-565-1614

555 Don Pasqual Los Lunas, NM

**Phone:** 505-865-4651

# **Parent Organization**

# La Vida Felicidad, Inc.

La Vida Felicidad's mission is life quality for children and families, adults, and seniors, through advocacy and individualized services in collaboration with community partnerships.

1051 Huning Ranch East Loop SW Los Lunas, NM 87031

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