



SHARE new mexico™

Circle of Security parenting classes

Note: Please call each individual location to inquire about the most up-to-date virtual group information.

In addition to providing a basic framework to reading emotional needs, this program will take you on a journey of reflection regarding your own upbringing, so that you can make intentional choices regarding the way you give care.

TOPICS INCLUDE:

- Learning to read emotional needs
 - Supporting children's ability to manage emotions
 - Enhancing children's self-esteem
 - Promoting the development of a secure attachment style in children
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Details

Intake Process: Call

Documentation: No identification needed

Payment Options: Free

Services

Parenting Education

Locations

Albuquerque

*3876 Masthead St NE
Albuquerque, NM 87109*

Phone: (505) 255-8740

Geographic Area Served: Bernalillo County

Las Cruces

230 South Alameda Blvd., Suite 201
Albuquerque, NM 88005

Phone: (575) 222-0177

Parent Organization

MCH Family Outreach

Family Solutions provides help to families by providing advocacy and support, connection to resources in the community, and other services. Services are designed for families with at least one child residing in the home between the ages of birth to 14 years. Eligible families should also live within a 45-mile radius of an MCH Outreach office.

The program provides a combination of individual and family services, case management, and advocacy to help the family meet its needs. We help families gain access to community resources that will help their children grow to be healthy and successful at home, at school and in the community.

MCH Family Outreach case managers work with individuals and other people in your family and neighborhood who are important to you. We work with you to identify and build on your family's strengths to help you meet your needs and those of your children. We meet with you in your home, your child's school, or anywhere in the community where you are comfortable...as often as needed.

All MCH Family Solutions services are confidential and free to eligible families.

3876 Masthead St NE
Albuquerque, NM 87109

Phone: (505) 255-8740

Email: acarter@mch.org

Type: Nonprofit

<http://www.mch.org>