



SHARE new mexico™

Circle of Security parenting classes

Note: Please call each individual location to inquire about the most up-to-date virtual group information.

In addition to providing a basic framework to reading emotional needs, this program will take you on a journey of reflection regarding your own upbringing, so that you can make intentional choices regarding the way you give care.

TOPICS INCLUDE:

- Learning to read emotional needs
 - Supporting children's ability to manage emotions
 - Enhancing children's self-esteem
 - Promoting the development of a secure attachment style in children
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Details

Intake Process: Call

Documentation: No identification needed

Payment Options: Free

Services

Parenting Education

Locations

Albuquerque

*3876 Masthead St NE
Albuquerque, NM 87109*

Phone: (505) 255-8740

Geographic Area Served: Bernalillo County

Las Cruces

230 South Alameda Blvd., Suite 201
Albuquerque, NM 88005

Phone: (575) 222-0177

Parent Organization

MCH Family Outreach

The primary goal of MCH Family Outreach is to strengthen families to help them provide a safe, stable and healthy family environment. We believe families are the strength of our communities and the natural place to help children develop to their fullest potential. We want to partner with families to build safe and healthy children and communities.

3876 Masthead St NE
Albuquerque, NM 87109

Phone: (505) 255-8740

Email: acarter@mch.org

Contact Email: albuquerqueoutreach@mch.org

Type: Nonprofit

<http://www.mch.org/locations/albuquerque/>