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## MCH- Nurturing Parenting classes

**Note: Please call each individual location to inquire about the most up-to-date virtual group information.**

Nurturing Parenting is an evidence based, educational framework aimed at parent education that can increase nurturing skills and reduce the potential for abusive or neglectful behaviors. Every class is a different topic for 10 weeks and clients can come any time.

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### Details

**Payment Options:** Free

**Waiting List:** Never

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### Services

Parenting Education

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### Locations

#### Christ United Methodist Church

*6200 Gibson Blvd SE  
Albuquerque, NM 87108*

**Phone:** (505) 255-8740

**Hours:** Tuesday mornings, 10:30 - 11:30 am

**Services Limited By Geography:** 1

**Geographic Area Served:** Bernalillo County

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### Parent Organization

#### MCH Family Outreach

Family Solutions provides help to families by providing advocacy and support, connection to resources in the community, and other services. Services are designed for families with at least one child residing in the home between the ages of birth to 14 years. Eligible families should also live within a 45-mile radius of an MCH Outreach office.

The program provides a combination of individual and family services, case management, and advocacy to

help the family meet its needs. We help families gain access to community resources that will help their children grow to be healthy and successful at home, at school and in the community.

MCH Family Outreach case managers work with individuals and other people in your family and neighborhood who are important to you. We work with you to identify and build on your family's strengths to help you meet your needs and those of your children. We meet with you in your home, your child's school, or anywhere in the community where you are comfortable...as often as needed.

All MCH Family Solutions services are confidential and free to eligible families.

*3876 Masthead St NE  
Albuquerque, NM 87109*

**Phone:** (505) 255-8740

**Email:** [acarter@mch.org](mailto:acarter@mch.org)

**Type:** Nonprofit

<http://www.mch.org>