

Rio Grande Mindfulness Institute (RGMI)

Details

Ages: All ages Races: All Genders: All

Services

Educational Programs

Locations

Mountain Cloud Zen Center

7241 Old Santa Fe Trail Santa Fe, NM 87505

Phone: (505) 577-5929

Languages Spoken: English Spanish **Services Limited By Geography:** No

Parent Organization

Mountain Cloud Zen Center

Mountain Cloud cultivates wisdom and compassion for people of all faiths and traditions. The Rio Grande Mindfulness Institute (RGMI), a division of Mountain Cloud, promotes healthy school communities through mindfulness training. We begin with the adults who work with youth, then collaborate with them to design curricula that reflect local conditions and can be embedded into existing frameworks to avoid the "add-ons" that nobody likes. In 2018 we will launch three Mindful School Partnerships in early childhood, elementary, and middle schools. The major goal is to demonstrate effective ways to instill mindfulness in the continuum of learning.

7241 Old Santa Fe Trail Santa Fe, NM 87505

Primary Contact: John Braman

Type: Nonprofit

http://mountaincloud.org