



**SHARE** new mexico™

## **New Mexico Alliance for Children**

Eating Smart (ES) is a food distribution and nutritional guidance program for youth in economically disadvantaged situations, which provides weekly take-home food items, healthy snacks, exercise, community gardening, and nutritional guidance lessons through the arts. ES operates primarily through the summer months when food insecurity is at its highest. The ALPHA Effect is an after-school art and literacy program for youth with reading/language disabilities.

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## **Details**

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## **Services**

Food Arts & Culture Educational Programs Education Disabilities and Health Concerns Health Support/Education/Insurance

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## **Locations**

*PO Box 1729  
Alto, NM 88312*

**Phone:** 575-336-1933

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## **Parent Organization**

### **New Mexico Alliance for Children**

Our mission is to improve the quality of life for youth in high needs areas of New Mexico through effective arts, literacy, and food distribution programs.

*PO Box 1729  
Alto, NM 88312*

**Phone:** 575-336-1933

**EIN:** 030490007

<http://www.nmhealthykids.org>