Healthy Kids New Mexico

Healthy environments and programs for kids.

A project of the New Mexico Department of Health and state and local partners, Healthy Kids New Mexico creates healthy environments and programs to give kids what they need to play well, eat well, learn well, and live healthy and full lives. Because, simply put, healthy eating and physical activity are two lifestyle choices that prevent obesity and subsequent chronic disease.

Teachers, parents, community leaders and policymakers will find information, resources and activities here to help New Mexico's children grow up healthy.

Together, we can reduce the trend of overweight and obese children by shaping and nurturing our own children’s healthy eating and active living habits, creating and sustaining healthy environments, and promoting positive health policies.

http://archive.healthykidsnm.org/

(505) 476-7623

Details

Ages: Infants and toddlers Children and Youth

Services

Health Support/Education/Insurance Youth Development Services for Targeted Populations

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Locations

Parent Organization

NM Department of Health

1190 S. St. Francis Dr.
Santa Fe, NM 87505

Phone: *(505) 827-2613*
Type: *Government*
http://www.nmhealth.org