

# North Valley Adult Day Services

Safe and pleasant places for frail Elders age 60 and older and adults with disabilities age 18 and older to stay during the day. Prevents institutionalization, provides respite for caregivers and provides social and recreational activities, snacks, lunch, and limited transportation to and from site. Area Agency on Aging has limited resources available to support adult daycare services for individuals age 60 and older.

# **Details**

#### Services

Individual & Family Support Services Community Services Older Adults Disabilities and Health Concerns Food

### Locations

3825 4th St., NW Albuquerque, NM 87107

**Phone:** (505) 761-4025 **Hours:** Mon Wed Fri: 8:00 AM - 5:00 PM; Tues 8:00 AM - 7:00 PM; Sun12:30 - 5:00 PM **Geographic Area Served:** Bernalillo County

#### **Parent Organization**

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*Phone:* (505) 761-4025 *Type:* Government http://www.cabq.gov/seniors/senior-multigenerational-centers/north-valley-senior-center