NFO Wellness Center

NFO “Wellness Center”, provides the following for free to Military Families: yoga, acupuncture, mindfulness/meditation classes, Veteran drug/alcohol support meetings, therapy dog training, mental health and VA benefit counseling, VA Caregiver Support Group meeting space and for other Veteran organizations in Taos.

Book your appointment TODAY: Click here

Approximately 28 veterans & military family members visit our Wellness Center weekly to access our wellness services which include acupuncture, massage, a recovery support group, and information and referral to veterans’ services state wide and nationally.

• Providing Complementary and Alternative Medicine (CAM) services, including but not limited to: yoga, acupuncture, mindfulness/meditation classes, therapy dog training

• Facilitating a Veterans recovery support group

• Providing information on Veteran support services available locally, state-wide, and nationally

• Provide space for the VA Mobile Vet Center for benefits and mental health counseling

• Provide space for VA Caregiver Support Group meetings

• Provide meeting space for different Veteran organizations of Taos

• Provide space for VA contracted Mental Health counselor

Veterans and their families face numerous challenges after the military member completes their service and returns home. These include physical, emotional, mental, and spiritual wellness. Connecting with other veterans and family members that have faced such challenges gives them the hope as well as the practical support they need to become vital members of their families and the communities in which they live.

Not Forgotten Outreach, Inc. is dedicated to motivating Military, Veterans & their Families and Gold Star families of fallen heroes to participate in recreational and/or therapeutic activities in order to facilitate the healing process and reintegration challenges.

The Taos VA Contract Community Outpatient Clinic (CCBOC) provides minimal healthcare services. (Since the Taos VA clinic is contracted, the normal wait time for CAM treatment consults and authorization can take up to 5 months)

Our services wait time is less than 30 days and are tailored to meet the unique challenges faced by military veterans and family members, and especially disabled combat veterans. Our services are provided by veterans who understand and continue their journey in recovery and healing.

We have received volunteer services from Rocky Mountain Youth Corps, Shadow Mountain Recovery, Vista Taos Recovery Center, Southern Methodist University (Taos Campus), University of New Mexico, AmeriCorps, Nonviolence Works - Familia y Mundo Youth Therapy Program, Field Institute of Taos, and Taos County Drug and Alcohol Program.

Details

Ages: All ages
Races: All
Genders: All
Intake Process: Appointment Necessary Call Email Online Application Walk-In
Payment Options: Free
Special Needs: Behavioral health or substance abuse Physical or cognitive disabilities Veterans
Waiting List: Sometimes
Contact: Sylvia
Contact Email: admin@notforgottenoutreach.org

Services

Alt/Traditional/Specialty Treatment Individual & Family Life Individual & Family Support Services Support Groups Substance Abuse Services Community Services Arts & Culture Community Facilities/Centers Information Services Services for Targeted Populations Disabilities and Health Concerns Veterans

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Locations

NFO Wellness Center

428 Theodora Lane
Taos, NM 87571

Phone: (575) 741-1503
Hours: 10am - 5pm

Parent Organization

Not Forgotten Outreach, Inc.

Not Forgotten Outreach’s mission is to motivate Military, Veterans & their Families and Gold Star families of fallen heroes to participate in recreational, therapeutic and farming activities in order to facilitate the healing process and reintegration challenges. The vision of Not Forgotten Outreach (NFO) is to create a place where veterans and their families reach deeply within themselves and the soil to make themselves more peaceful and productive in our communities.

610 Paseo Del Pueblo Norte
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