



## **NativeFIT**

NativeFIT is a direct service program that works to build the capacity of Native American communities to develop and implement youth development programs through sport, namely golf and soccer. Through sports, NativeFIT works directly with Native youth, coaches and mentors to help instill life-skills training and healthy living habits in order to reduce the risk for developing childhood obesity and type 2 diabetes.

NativeFIT utilizes sports to teach:

- 1.) Nutrition education and health choices that can prevent and/or address childhood obesity (thus reducing risk for developing type 2 diabetes),
- 2.) Native cultural values such as respect for others and for self, persistence, teamwork, and self-discipline which will carry forward positively to other areas of their lives, and
- 3.) Physical fitness and personal physical wellness and leadership.

NativeFIT provides highly acclaimed summer youth golf programs, camps, seminars and in-school physical-education classes. NativeFIT utilizes one-of-a-kind culturally-appropriate golf and soccer curriculum designed to motivate, inspire and educate Native youth.

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## **Details**

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## **Services**

Leisure/Recreation/Sports    Health Support/Education/Insurance    Youth Development

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## **Locations**

*290 Prairie Star Road  
Bernalillo, NM 87004*

**Phone:** 505-867-0775

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## **Parent Organization**

### **Notah Begay III Foundation**

The mission of the NB3 Foundation is to reduce Native American childhood obesity and type-2 diabetes.

*290 Prairie Star Rd.  
Bernalillo, NM 87004*

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**Type:** Nonprofit

**EIN:** 201870330

<http://www.nb3foundation.org>