Ohkay Owingeh Diabetes Wellness Center

We will encourage and empower the community to reach a place of wellness through education, healthy eating and physical activities.

Preventing and Managing Diabetes includes choosing healthy foods, getting enough physical activity, and monitoring our health. Services include:

- Fitness Center: Fitness assessments, annual fun walks/runs, walking trails, physical activity challenges
- Nutrition Education
- Diabetes and Health Education
- Community Garden initiative in partnership with ONAPA and SNAP-Ed, providing nutrition education, hands-on gardening experience, and fresh produce for tribal members.

Our Funders: Special Diabetes Programs for Indians (SDPI)

Details

Services

Locations

220 Po'pay Avenue
Ohkay Owingeh, NM 87566

Phone: (505) 747-7795
Hours: Monday - Thursday 8:00 AM - 8:00 PM, Friday 8:00 AM - 6:00 PM, Saturday 8:00 AM - 12:00 PM

Parent Organization

Ohkay Owingeh Pueblo

Tribal government

220 Po'pay Avenue
Ohkay Owingeh, NM 87566

Phone: *(505) 852-4400*
Type: *Government*
http://ohkay.org/