



**SHARE** new mexico™

## **Parkinson's Support Groups, Local and statewide education events**

Support groups meet monthly in Albuquerque, Westside, Santa Fe, Farmington and Taos. Groups focus sharing mutual experiences related to living with Parkinson's. Groups also plan social events.

Speakers present at support meetings or at additional meetings. An annual state-wide conference is held with national and local speakers addressing the complexities of managing the disease.

Additional events address the needs of caregivers, those newly diagnosed, or those with young onset Parkinson's.

The Coalition maintains a resource list of wellness classes, advocates for access to a Parkinson's knowledgeable workforce of healthcare providers, and increases awareness of Parkinson's throughout New Mexico.

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### **Details**

**Ages:** Adults Seniors/elderly

**Races:** Asian, Pacific Islander Heritage Blacks, African Heritage Hispanic, Latino Heritage Native Americans White/Caucasian, European Heritage

**Genders:** All

**Intake Process:** Call

**Special Needs:** Physical or cognitive disabilities Veterans

**Waiting List:** Never

**Minimum Age:** 40

**Maximum Age:** 100

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### **Services**

Health Support/Education/Insurance

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### **Locations**

*PO Box 35091*

*Albuquerque, NM 87176*

**Phone:** 505-219-5065

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### **Parent Organization**

## **Parkinson & Movement Disorder Alliance**

The Parkinson & Movement Disorder Alliance, “PMD Alliance” for short is an independent, national nonprofit dedicated to providing opportunities for people to learn, live more fully and spark meaningful connections around them.

We’re always people-oriented. Whether it’s those living with a diagnosis, their care partners, adult children or support group leaders, we meet the needs of those we serve by providing solutions that fundamentally enlighten, inform and incite positive change.

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