



Pathways to a Healthy Bernalillo County Program - UNM Health Sciences Center

The Pathways Program and model is designed to reduce unmet needs, address health inequities, and improve the overall health of the residents of Bernalillo County. It focuses on positive health outcomes by utilizing community health navigators as care coordinators who connect at-risk residents to resources and follow their progress toward improved health outcomes.

Community Health Navigators, more commonly known as Community Health Workers (CHWs), guide individuals towards community services to resolve their outstanding needs. The Navigators work with the program participants on assuring access to health and social services such as housing, employment and health care, based on client needs. Meaningful outcomes for the participants are reached by following a step-by-step approach (Pathways) that leads to improved health while common systems issues are also brought to light and result in stronger service coordination.

[Click here](#) for a list of partnering organizations, with descriptions and contact information

Details

Ages: Adults

Races: All

Genders: All

Intake Process: Call

Payment Options: No one is refused service due to inability to pay

Special Needs: Behavioral health or substance abuse Immigrants/refugees Persons involved in judicial system

Waiting List: Never

Minimum Age: 14

Maximum Age: N/A

Restrictions: Must be a resident of Bernalillo County, NM

Services

Care/Case Management Information Services

Locations

1650 University Avenue., NE - Suite 3300

Albuquerque, NM 87131-0001

Mailing:

1 University of New Mexico, MSC 07 4350

Albuquerque, NM 87131-0001

Hours: Mo 8am-5pm, Tu 8am-5pm, We 8am-5pm, Th 8am-5pm, Fr 8am-5pm

Parent Organization

Pathways to a Healthy Bernalillo County

Pathways Mission:

- **Connecting** underserved county residents with health care and other support systems and assisting them as they navigate through it;
- **Coordinating** services for the underserved residents to achieve positive individual-level health outcomes;
- **Assuring** collaborative planning and improvement of our health care system.

Community defined Goals:

- People in Bernalillo County will self-report better health
- People in Bernalillo County will have a health care home
- Health and social service networks in Bernalillo County will be strengthened and user friendly
- Advocacy and collaboration will lead to improved health systems

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<http://hsc.unm.edu/community/pathways/>