



SHARE new mexico™

Paws Forward Mental Health Support

Born from the acute needs of NM Veterans during the pandemic, Paws Forward is a multi-faceted program focusing on mental health and suicide prevention. Providing catered clinical services, peer support, and case management, Veterans enrolled in our programs learn life skills that create increased self-awareness in their environments. Our programs provide the insight necessary to deal with stressors that come with everyday civilian life including finances, career challenges, navigating to receive medical/mental health care, caring for children and maintaining healthy relationships while aiming to decrease dangerous thoughts and behaviors including suicide, self-harm, domestic violence, and substance use. In addition to traditional support services, staff also offer non-traditional methods such as art therapy, yoga, movement therapy, mindfulness and meditation, and self-care education.

Details

Ages: Adults Seniors/elderly

Races: All

Genders: All

Intake Process: Online Application

Documentation: Photo identification

Payment Options: Free No one is refused service due to inability to pay

Special Needs: Behavioral health or substance abuse Physical or cognitive disabilities Veterans

Waiting List: Sometimes

Minimum Age: 18

Contact Email: veterandogs@pawsandstripes.org

Capacity: Varies

Restrictions: Veteran, caregiver, or family member

Services

Individual & Family Life Domestic Animal Services Individual & Family Support Services
Care/Case Management Support Groups Volunteering Behavioral Health & Substance Abuse
Services Substance Abuse Services Older Adults Disabilities and Health Concerns Veterans

Locations

Parent Organization

Paws and Stripes

Paws and Stripes's mission is to provide animal-assisted therapy and other mental health services to disabled military veterans and their families living with service-connected trauma. Saving two lives at a time.

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<http://www.pawsandstripes.org>