



**SHARE** new mexico™

## **Paws Forward Mental Health Support**

Born from the acute needs of NM Veterans during the pandemic, Paws Forward is a multi-faceted program focusing on mental health and suicide prevention. Providing catered clinical services, peer support, and case management, Veterans enrolled in our programs learn life skills that create increased self-awareness in their environments. Our programs provide the insight necessary to deal with stressors that come with everyday civilian life including finances, career challenges, navigating to receive medical/mental health care, caring for children and maintaining healthy relationships while aiming to decrease dangerous thoughts and behaviors including suicide, self-harm, domestic violence, and substance use. In addition to traditional support services, staff also offer non-traditional methods such as art therapy, yoga, movement therapy, mindfulness and meditation, and self-care education.

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### **Details**

**Ages:** Adults Seniors/elderly

**Races:** All

**Genders:** All

**Intake Process:** Online Application

**Documentation:** Photo identification

**Payment Options:** Free No one is refused service due to inability to pay

**Special Needs:** Behavioral health or substance abuse Physical or cognitive disabilities Veterans

**Waiting List:** Sometimes

**Minimum Age:** 18

**Contact Email:** [veterandogs@pawsandstripes.org](mailto:veterandogs@pawsandstripes.org)

**Capacity:** Varies

**Restrictions:** Veteran, caregiver, or family member

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### **Services**

Individual & Family Life Domestic Animal Services Individual & Family Support Services  
Care/Case Management Support Groups Volunteering Behavioral Health & Substance Abuse  
Services Substance Abuse Services Older Adults Disabilities and Health Concerns Veterans

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### **Locations**

### **Parent Organization**

### **Paws and Stripes**

**Paws and Stripes's mission is to provide animal-assisted therapy and other mental health services to disabled military veterans and their families living with service-connected trauma. Saving two lives at a time.**

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***Type:*** Nonprofit

***EIN:*** 272908352

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