



PB&J Center Based Programs

Therapeutic Parenting Program & Child Development Center/Early Intervention Services

The fundamental philosophy underlying PB&J's Therapeutic Parenting Program and Child Development Center is rooted in therapeutic support to high risk families and development of resilience within children. Helping at-risk children grow and develop to their full potential in nurturing families within a supportive community and facilitating healthy relationships through positive parenting skills, bonding and attachment, and age appropriate expectations of child development and behavior.

PB&J's Therapeutic Parenting Program and Child Development Center is designed to be a trauma informed, psychoeducational, interactive group in which parents/primary care giver(s) and children attend together and learn through experiential participation. Our intensive parenting program is for families with children birth through five years of age and utilizes the Nurturing Parenting Curriculum in combination with PB&J's "Heart Centered Approach." Families attend either a 16 or 28 week closed group curriculum, which includes a weekly 2.5 hour session that is facilitated by a clinician and developmental specialist. The sessions will be comprised of a combination of parent/child interactive facilitated time, in addition to psychoeducational adult groups and developmentally appropriate children's groups. Groups are offered on various days and at different times of the day or evening.

Families participating in this program will receive the following services, based on their need and eligibility: Developmental assessments/evaluations, developmental instructions (in the home and community), counseling services (FTCT), art therapy, individual and/or group counseling, psychoeducational parent groups, social work services, nursing and nutritional support, service coordination/case management services, speech, occupational and physical therapy, field trips and community outings for psychosocial exposure and opportunities, transportation, and meals.

New Mexico PRE-K Extended Day Program

This early childhood program provides 4 year old children access to developmentally appropriate activities with a focus on school readiness. The program was developed following the principles of the New Mexico PreK Curriculum with activities based on age appropriate child development/early childhood principles including, the needs, interests, desires, language, home experiences, cultural values and relevant life experience of the child and families served. The curriculum is based on the New Mexico Early Learning Guidelines and is designed to achieve long-range goals for children in all domains including physical, motor, social, emotional, language, and cognitive. **The children attend school Monday through Thursday from 9am to 3pm with transportation services available.**

Details

Races: All

Genders: All

Intake Process: Appointment Necessary Call Email

Payment Options: Fee for service

Services

Early Childhood Care & Education Education Care/Case Management Educational Programs
Youth Development Behavioral Health Assessment & Treatment

Locations

*1101 Lopez Road SW
Albuquerque, NM 87105*

Services Limited By Geography: 1

*209 San Pablo SE
Albuquerque, NM 87108*

Services Limited By Geography: 1

*255A Camino del Pueblo
Bernalillo, NM 87004*

Services Limited By Geography: 1

Parent Organization

PB&J Family Services, Inc.

Since 1972, PB&J Family Services has been helping at-risk children grow and develop to their full potential in nurturing families and within supportive communities. Our outcomes include the prevention of child abuse and neglect; preservation of the family whenever possible; optimal child development; and children's readiness for school and success in life.

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