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## **PB&J Therapeutic Parenting Program & Child Development Center/Early Intervention Services**

### **Therapeutic Parenting Program & Child Development Center/Early Intervention Services**

The fundamental philosophy underlying PB&J's Therapeutic Parenting Program and Child Development Center is rooted in therapeutic support to high risk families and development of resilience within children. Helping at-risk children grow and develop to their full potential in nurturing families within a supportive community and facilitating healthy relationships through positive parenting skills, bonding and attachment, and age appropriate expectations of child development and behavior.

PB&J's Therapeutic Parenting Program and Child Development Center is designed to be a trauma informed, psychoeducational, interactive group in which parents/primary care giver(s) and children attend together and learn through experiential participation. Our intensive parenting program is for families with children birth through five years of age and utilizes the Nurturing Parenting Curriculum in combination with PB&J's "Heart Centered Approach." Families attend either a 16 or 28 week closed group curriculum, which includes a weekly 2.5 hour session that is facilitated by a clinician and developmental specialist. The sessions will be comprised of a combination of parent/child interactive facilitated time, in addition to psycho-educational adult groups and developmentally appropriate children's groups. Groups are offered on various days and at different times of the day or evening.

Families participating in this program will receive the following services, based on their need and eligibility: Developmental assessments/evaluations, developmental instructions (in the home and community), counseling services (FTCT), art therapy, individual and/or group counseling, psychoeducational parent groups, social work services, nursing and nutritional support, service coordination/case management services, speech, occupational and physical therapy, field trips and community outings for psychosocial exposure and opportunities, transportation, and meals.

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## **Details**

**Ages:** Children and Youth

**Races:** All

**Genders:** All

**Intake Process:** Call Email Walk-In

**Payment Options:** Free

**Special Needs:** Abused or neglected Behavioral health or substance abuse Immigrants/refugees Persons involved in judicial system Physical or cognitive disabilities

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## **Services**

Early Childhood Care & Education

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## Locations

*209 San Pablo SE  
Albuquerque, NM 87108*

**Phone:** (505) 944-7224

**Services Limited By Geography:** 1

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*1101 Lopez Road SW  
Albuquerque, NM 87105*

**Phone:** (505) 877-7060

**Services Limited By Geography:** 1

**Geographic Area Served:** Bernalillo County Sandoval County

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*255A Camino del Pueblo  
Bernalillo, NM 87004*

**Phone:** (505) 867-2356

**Services Limited By Geography:** 1

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## Parent Organization

### **PB&J Family Services, Inc.**

Since 1972, PB&J Family Services has been helping at-risk children grow and develop to their full potential in nurturing families and within supportive communities. Our outcomes include the prevention of child abuse and neglect; preservation of the family whenever possible; optimal child development; and children's readiness for school and success in life.

*1101 Lopez Rd SW  
Albuquerque, NM 87105*

**Phone:** (505) 877-7060

**Email:** [info@pbjfamilyservices.org](mailto:info@pbjfamilyservices.org)

**Type:** Nonprofit

**EIN:** 850231566

<http://www.pbjfamilyservices.org>