

## **Peopleworks-NM**

Our 3 programs: **Counseling, Online Support Groups and Classes, and Gambling Addiction Program** are designed to help you get back on track with the life you were meant to live. Though there are often no quick fixes, our specially trained therapists can assist you. We help with depression, anxiety, problems with gambling, post traumatic stress disorder, problems with substances, bipolar disorder, to name a few. We see ages 16 to 100, and specialize in older adults.

We will offer Caregiver Support Groups and classes intermittently - via Zoom. Check out our website or Facebook page for current offerings.

We also specialize in gambling problems. During the pandemic we are unable to provide prevention/education efforts, but are available for individual or family counseling.

Offering telehealth services at your fingertips. Our virtual doors are open!

#### **Details**

Ages: Adults Seniors/elderlyRaces: AllGenders: AllIntake Process: Appointment NecessaryDocumentation: Medicaid cardPayment Options: No one is refused service due to inability to pay Private Insurance Public AssistanceSpecial Needs: Behavioral health or substance abuse Physical or cognitive disabilitiesWaiting List: SometimesMinimum Age: 16

#### Services

Behavioral Health Assessment & Treatment Health Support/Education/Insurance Older Adults Support Groups

## Locations

1005 21st St., SE, #B Rio Rancho, NM 87124

**Phone:** (505) 990-4186 **Hours:** Mon-Fri 8:30 - 5:00; Some limited evening appointments available in all locations

# **Parent Organization**

# **Peopleworks-NM**

MISSION: Mental wellness services available to persons in need regardless of economic status.

VISION: People Works-NM will significantly improve the mental health and wellbeing of at-risk people by providing innovative, relevant and ethical counseling services, educational programs, consultation services and any related services which address the cognitive, relational, and emotional needs of people.

1005 21st St. #B Rio Rancho, NM 87124 NM Phone: (505) 990-4186 Email: peopleworksnm@gmail.com Contact Email: peopleworksnm@gmail.com Type: Nonprofit EIN: 263682623 http://www.peopleworksnm.org