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## Perfectly Imperfect Intensive Outpatient Program

Perfectly Imperfect's IOP provides a minimum of 12 hours of counseling per week which integrates wellness into your recovery. The IOP is:

- Designed for clients in need of intense treatment for severe addiction concerns but can't leave work or home for an extended period of time.
  - Day time groups and evening groups
  - Utilizes uniform criteria and standards for Intensive Outpatient admission and discharge of clients to treatment based on ASAM criteria, client needs, and Medicaid standards.
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If you have concerns regarding your substance use Perfectly Imperfect is the place to explore, discuss, and immediately start gaining the practical and effective tools you need to achieve a healthier state of balance in your life. We'll help you, even if you feel like you're in too deep.

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### Details

**Ages:** Adults

**Races:** All

**Genders:** All

**Intake Process:** Call

**Documentation:** Medicaid card Photo identification

**Payment Options:** Private Insurance Sliding scale

**Special Needs:** Behavioral health or substance abuse

**Minimum Age:** 18

**Contact:** Dominic Cagliostro, LCSW, LADAC

**Contact Email:** dominiccagliostro@perfectlyimperfectnm.com

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### Services

Behavioral Health & Substance Abuse Services   Outpatient Behavioral Health Facilities   Behavioral Health Assessment & Treatment

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### Locations

*514 Monroe SE  
Albuquerque, NM 87108*

**Phone:** (505) 465-9117

**Hours:** Monday-Thursday 9am - 9pm

**Geographic Area Served:** Bernalillo County

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## **Parent Organization**

### **Perfectly Imperfect**

Perfectly Imperfect is an Outpatient Treatment Center specializing in supporting, accepting and developing healthy behavioral changes in individuals, with life circumstances regarding Substance Use, Mental Health, LGBTQ, PTSD, Anxiety, and Domestic abuse. Perfectly Imperfect offers an opportunity for clients to focus on their physical, mental, and emotional needs as individuals, and to identify what brings them and those around them joy.

*148 Quincy St NE  
Albuquerque, NM 87108*

**Phone:** (505) 550-1306

**Fax:** (884) 434-8055

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**Type:** Forprofit

<http://www.perfectlyimperfectnm.com>