



SHARE new mexico™

Seeking Safety for PTSD

Perfectly Imperfect holds small groups using the evidenced-based present focused counseling model of "Seeking Safety" to help clients with concerns regarding PTSD and anxiety in attaining safety from trauma.

Details

Ages: Adults

Races: All

Genders: All

Intake Process: Appointment Necessary Call

Documentation: Medicaid card Photo identification

Payment Options: Private Insurance Sliding scale

Minimum Age: 18

Contact: Joan Dowd

Services

Outpatient Behavioral Health Facilities

Locations

Perfectly Imperfect

*514 Monroe Street SE
Albuquerque, NM 87108*

Phone: (505) 465-9117

Hotline: (505) 465-9117

Toll Free: (505) 465-9117

Fax: (505) 465-9117

Hours: Monday- Thursday 9am-9pm

Geographic Area Served: Bernalillo County

Parent Organization

Perfectly Imperfect

Perfectly Imperfect is an Outpatient Treatment Center specializing in supporting, accepting and developing healthy behavioral changes in individuals, with life circumstances regarding Substance Use, Mental Health,

LGBTQ, PTSD, Anxiety, and Domestic abuse. Perfectly Imperfect offers an opportunity for clients to focus on their physical, mental, and emotional needs as individuals, and to identify what brings them and those around them joy.

*148 Quincy St NE
Albuquerque, NM 87108*

Phone: (505) 550-1306

Fax: (884) 434-8055

Primary Contact: Dominic Cagliostro, LCSW, LADAC

Contact Email: perfectlyimperfectabq@gmail.com

Type: Forprofit

<http://www.perfectlyimperfectnm.com>