

Pueblo of Laguna Fitness Center

Mission: To provide a spectrum of primary and secondary prevention, early intervention and wellness focused activities to prevent diabetes, as well as to improve diabetes self management care.

Details

Intake Process: Call Walk-In

Contact: Byron Tso

Restrictions: The Fitness Center is open to tribal members, and Native Americans age 16 and over, their spouse and anyone employed under the POL tribal government free of charge. Any other individuals are

charged \$15/3 months or \$30/1 year.

Services

Locations

28 Rodeo Drive, Suite A Laguna, NM 87026

Mailing: PO Box 194

Laguna, NM 87026 **Phone:** (505) 552-6889

Hours: Monday-Wednesday 6am-8pm, Thursday 6am-8am/10am-6pm, Friday 6am-6pm, Saturday 9am-

1pm

Parent Organization

Pueblo of Laguna

22 Capital Rd.

Pueblo of Laguna, NM 87026

Mailing: PO Box 194

Laguna, NM 87026 **Phone:** (505) 552-6654 **Fax:** (505) 552-6941

Type: Government

http://www.lagunapueblo-nsn.gov