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## **Pueblo of Laguna Health Education Program**

The Health Educator creates and provides community programs and education to enhance and promote overall healthy lifestyles.

### **Program and Services:**

- Community and School based Green House Project
  - Senior Wellness Series
  - POL community Pedal Program
  - POL Community Education, Awareness & Prevention on Tobacco, Vaping & Opioids
  - Health Screenings
  - Individual and/or group Health education, awareness & prevention sessions
  - Health meal preps and/or cooking demonstrations, structured around, “My Native Plate”
  - Individual and/or group physical wellness sessions
  - Health education tailored to an individual specific health condition(s)
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## **Details**

**Contact:** April Ruben

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## **Services**

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## **Locations**

*7 Rio San Jose Road  
Laguna, NM 87026*

***Mailing:***

*PO Box 194*

*Laguna, NM 87026*

**Phone:** (505) 552-5740

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## **Parent Organization**

**Pueblo of Laguna**

*22 Capital Rd.*

*Pueblo of Laguna, NM 87026*

***Mailing:***

*PO Box 194*

*Laguna, NM 87026*

***Phone:*** (505) 552-6654

***Fax:*** (505) 552-6941

***Type:*** Government

<http://www.lagunapueblo-nsn.gov>