



**SHARE** new mexico™

## **Quit Now New Mexico (NMDOH)**

24/7 Free help quitting tobacco. Based on 25 years of research and experience, we teach people how to become experts in living without tobacco using "The 4 Essential Practices to Quit For Life."

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### **Details**

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### **Services**

Substance Abuse Services    Information Services

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### **Locations**

**Phone:** (800) 784-8669

**Hotline:** (800) 784-8669

**Hours:** 24/7

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### **Parent Organization**

#### **Quit Smoking Hotline (NMDOH)**

*Hotline only*

*Santa Fe, NM 87502*

**Phone:** (800) 784-8669

**Tollfree:** (800) 784-8669

<http://www.quitnownm.com>