



Therapy Support Groups and Individual Therapy

Free weekly and monthly therapeutic groups. No insurance needed. If the person is not already a client here, they need to call the intake line (505-291-3563) prior to coming to a group. Current groups include:

- Connecting Through Art monthly workshop, 3rd Saturdays
- Art, Journaling for Sexual Trauma Survivors (Closed Group, call for start dates)
- Trauma and Aging, 400 pm Tuesdays
- Caregivers and Family of Survivors Support Group, 530 pm Tuesdays
- LGBTQPIA Survivors Group, 400 pm Wednesdays
- NSSI Recovery Group (Non-Suicidal Self Injury), 400 pm Thursdays

We also offer FREE individual therapy services (in English or Spanish) to anyone impacted by sexual violence. We serve ages 14 and up (13 with parental consent). Licensed Art Therapist and multiple EMDR trained providers for specialized services.

Details

Ages: Teen Adults

Intake Process: Call Walk-In

Payment Options: Free

Waiting List: Never

Minimum Age: 14

Services

Support Groups Behavioral Health & Substance Abuse Services Behavioral Health Assessment & Treatment

Locations

9741 Candelaria NE
Albuquerque, NM 87112

Phone: (505) 266-7712

Hotline: (505) 266-7711

Geographic Area Served: Bernalillo County Sandoval County Torrance County Valencia County

Parent Organization

Rape Crisis Center of Central New Mexico (formerly "Albuquerque Rape Crisis

Center")

To provide support and advocacy to survivors of sexual assault and abuse within the greater Albuquerque area and throughout Central New Mexico, and to serve as a community resource on issues regarding prevention and awareness of sexual violence.

*9741 Candelaria NE
Albuquerque, NM 87112*

Phone: (505) 266-7712

Tollfree: (505) 266-7711

Contact Email: info@rapecrisisnm.org

Type: Nonprofit

EIN: 850482979

<http://www.rapecrisisnm.org>