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## City of Rio Rancho, Division Senior Srvs.

To promote positive aging The Meadowlark Senior Center is for adults 55 and older. Programming includes exercise, yoga, and other health and social programming. The Senior Center includes a meal site operated by the Sandoval County Senior Program.

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## Details

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## Services

Health Support/Education/Insurance   Older Adults   Community Facilities/Centers

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## Locations

*4330 Meadowlark Lane  
Rio Rancho, NM 87124*

**Phone:** (505) 891-5018

**Hours:** Mo 7:30am-5pm, Tu 7:30am-9pm, We 7:30am-9pm, Th 7:30am-5pm, Fr 7:30am-5pm

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## Parent Organization

### Rio Rancho, Municipality

*4330 Meadowlark Lane  
Rio Rancho, NM 87124*

**Phone:** (505) 891-5018

**Fax:** (505) 891-7288

**Contact Email:** [esmyth@rrnm.gov](mailto:esmyth@rrnm.gov)