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## **City of Rio Rancho, Division Senior Srvs.**

To promote positive aging The Meadowlark Senior Center is for adults 55 and older. Programming includes exercise, yoga, and other health and social programming. The Senior Center includes a meal site operated by the Sandoval County Senior Program.

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### **Details**

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### **Services**

Health Support/Education/Insurance   Older Adults   Community Facilities/Centers

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### **Locations**

*4330 Meadowlark Lane  
Rio Rancho, NM 87124*

**Phone:** (505) 891-5018

**Hours:** Mo 7:30am-5pm, Tu 7:30am-9pm, We 7:30am-9pm, Th 7:30am-5pm, Fr 7:30am-5pm

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### **Parent Organization**

#### **Rio Rancho, Municipality**

*4330 Meadowlark Lane  
Rio Rancho, NM 87124*

**Phone:** (505) 891-5018

**Fax:** (505) 891-7288

**Contact Email:** [esmyth@rrnm.gov](mailto:esmyth@rrnm.gov)