

Santo Domingo Pueblo Healthy Aging Program

Aging Well in Our Community

What Is Healthy Aging?

As we get older, it's important to take care of our bodies and minds. The Healthy Aging Program supports elders and caregivers in the community, including those experiencing memory changes.

Changes in memory can look like:

- Having trouble remembering appointments
- Asking the same questions or telling the same stories again and again
- Finding daily tasks harder than before

Changes in memory can happen for many reasons, and they don't always mean someone has dementia.

That's why it's important to:

- Get screened by the Healthy Aging Program
- Talk to your doctor or nurse
- Learn about dementia together as a community

Details	
Contact: Kandyce Garcia	
Services	

Locations

134 Tesuque Street Santo Domingo Pueblo, NM 87052 **Mailing:** PO Box 99

Santo Domingo Pueblo, NM 87052 **Phone:** (505) 465-2733 x1109

Parent Organization

Santo Domingo Pueblo

Santo Domingo Pueblo, also known as Kewa, has been one of the central Pueblo communities in New Mexico and the homelands to many people for thousands of years. Their ancestral ties can be traced back to Mesa Verde and Chaco Canyon ancestors.

134 Tesuque Street Santo Domingo Pueblo, NM 87052 **Mailing:** PO Box 99 Santo Domingo Pueblo, NM 87052

Phone: (505) 465-2214 **Fax:** (505) 465-2688 **Type:** Government