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## Family Empowerment Project

The Family Empowerment Project is based upon the CRAFT method pioneered by Dr. Robert J. Meyers at the University of New Mexico. This work helps families address addiction while creating a collaborative, culturally relevant circle of care around the individual seeking recovery. It is rooted in behavioral change principles and honest, positive communication between family members.

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## Details

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## Services

Individual & Family Support Services   Behavioral Health Assessment & Treatment   Substance Abuse Services   Outpatient Behavioral Health Facilities

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## Locations

### Santa Fe

*4001 Office Court Dr, Suite 201  
Santa Fe, NM 87507*

**Phone:** (505) 420-3377

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### Albuquerque

*6000 Uptown Blvd NE #140  
Albuquerque, NM 87110*

**Phone:** (505) 420-3377

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## Parent Organization

### Serna Solutions

Since 2003 Serna Solutions has provided clinical counseling services to individuals, couples and families with a variety of challenges. Through our years of service we have found that the best way to help people activate their own resources for insight and change is through an integrative style that is non-confrontational, yet challenging. We blend evidence-based practices with humanistic and insight-oriented techniques to

empower people to reach their goals

*4001 Office Court Dr, Suite 201  
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**Type:** Forprofit

<http://www.sernasolutionsllc.com>