

Youth Empowerment Project (YEP)

The Youth Empowerment Project (YEP) is a comprehensive program for adolescents ages 12-24 and their families that integrates prevention, treatment, family services, and aftercare into one model. The YEP! Program offers hope, recovery skills, emotion regulation and relationship skills, and an increased capacity to deal with the challenges many of today's youth face.

Details

Ages: Children and Youth Teen Minimum Age: 12 Maximum Age: 24 Contact: Aimée Dale-Lucius, MA, LMHC Contact Email: aimee@sernasolutionsllc.com

Services

Support Groups Youth Development Outpatient Behavioral Health Facilities Behavioral Health Assessment & Treatment

Locations

Santa Fe

4001 Office Court Dr, Suite 201 Santa Fe, NM 87507

Phone: (505) 230-4949 **Geographic Area Served:** Santa Fe County

Albuquerque

6000 Uptown Blvd NE #140 Santa Fe, NM 87110

Phone: (505) 230-4949

Parent Organization

Serna Solutions

Since 2003 Serna Solutions has provided clinical counseling services to individuals, couples and families with a variety of challenges. Through our years of service we have found that the best way to help people activate their own resources for insight and change is through an integrative style that is non-confrontational, yet challenging. We blend evidence-based practices with humanistic and insight-oriented techniques to empower people to reach their goals

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