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## Youth Empowerment Project (YEP)

The Youth Empowerment Project (YEP) is a comprehensive program for adolescents ages 12-24 and their families that integrates prevention, treatment, family services, and aftercare into one model. The YEP! Program offers hope, recovery skills, emotion regulation and relationship skills, and an increased capacity to deal with the challenges many of today's youth face.

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### Details

**Ages:** Children and Youth Teen

**Minimum Age:** 12

**Maximum Age:** 24

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### Services

Support Groups Youth Development Outpatient Behavioral Health Facilities Behavioral Health Assessment & Treatment

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### Locations

#### Santa Fe

*4001 Office Court Dr, Suite 201  
Santa Fe, NM 87507*

**Phone:** (505) 230-4949

**Geographic Area Served:** Santa Fe County

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#### Albuquerque

*6000 Uptown Blvd NE #140  
Santa Fe, NM 87110*

**Phone:** (505) 230-4949

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### Parent Organization

## **Serna Solutions**

Since 2003 Serna Solutions has provided clinical counseling services to individuals, couples and families with a variety of challenges. Through our years of service we have found that the best way to help people activate their own resources for insight and change is through an integrative style that is non-confrontational, yet challenging. We blend evidence-based practices with humanistic and insight-oriented techniques to empower people to reach their goals

*4001 Office Court Dr, Suite 201  
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**Type:** Forprofit

<http://www.sernasolutionsllc.com>