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## Senior Food Market

Silver Horizons provides free groceries throughout the month at various locations. Low-income seniors (50+) receive fresh produce, meat, bread, toiletry items, pet food, in addition to nonperishable food items. Each month, about 3,500 seniors receive free groceries, along with about 1,300 grandchildren many of these seniors are raising. [Visit the website](#) for an updated list of Senior Food Markets, open to all seniors regardless of where they live. Proof of financial need and signup is not required. Simply show up.

Home Meal Deliveries. Silver Horizons, in partnership with Meals on Wheels Albuquerque, works to ensure low-income, home-bound seniors receive nutritious food to help them cover the weekend. MOW provides meals Monday thru Friday. Silver Horizons provides “Weekend Survival Kits” that are delivered by MOW volunteers. These “kits” contain nonperishable food items that are easy-to-prepare.

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## Details

**Ages:** Seniors/elderly

**Minimum Age:** 50 years

**Restrictions:** Government issues ID

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## Services

Food Older Adults

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## Locations

1913 Eubank Blvd. NE  
Albuquerque, NM 87112

**Mailing:**

PO Box 6879

Albuquerque, NM 87112

**Phone:** (505) 884-3881

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## Parent Organization

### Silver Horizons New Mexico, Inc.

Silver Horizons’ Mission is to provide critical help to extremely low-income seniors with life’s basics: food, utilities and home repairs/retrofits. Today, we help with more than just utilities. We assist with other important household expenses like rent, landline telephones, Internet service, and veterinary bills for the

seniors' pets.

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***<http://www.silverhorizons.org/>***