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## Living the Practice of Mindfulness

Provides teaching, workshops, retreat space for the study and practice of mindfulness based life. Southwest Sangha is a contemplative lay monastery dedicated to maintaining a simple and quiet environment conducive to mindfulness and renunciation. We are a community who has seen that it is possible to awaken in this lifetime, and who create a contemplative environment for ourselves and for those who come here for self-retreat. The community welcomes visitors and residents from all contemplative traditions.

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## Details

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## Services

Spiritual Enrichment/Places of Worship

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## Locations

*363 Noonday Canyon Rd  
San Lorenzo, NM 88941*

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## Parent Organization

### Southwest Sangha

A contemplative lay monastery

*363 Noonday Canyon Rd  
San Lorenzo, NM 88041*

**Phone:** (505) 536-9847

**Primary Contact:** Miryam Levy

**Type:** Nonprofit

<http://southwestsangha.org/>