Survivors of Suicide peer support group

Survivors of Suicide Inc. is a nonprofit, nonsectarian, self-help support group system for those who have lost a relative or friend through suicide. The Survivors of Suicide volunteers are dedicated to providing information and support to assist in the grieving and healing process. It is a support group of people who help one another through the stages of grieving.

We hold six meetings every month, that are free and open to all. SOS hosts presentations and discussions that are relevant to survivors of suicide throughout the Albuquerque area.

SOS Meetings

- **1**st and 3rd Monday nights 7 pm In-person. In-person meets at Shepherd of the Valley Church 1801 Montano Rd. NW Albuquerque
- 2nd and 4th Saturdays at 1 pm in-person. In-person meets at St. Luke Church, 9100 Menaul NE
- Virtual groups: 2nd Monday at 7 pm and 3rd Saturday at 1pm. Email sosabq@gmail.com for links which are sent out a day or two ahead.

Mother's Peer Support Group

- **3rd Friday in person**, 12:00 -1:30 pm at St. Michael's and All Angels Church, 601 Montano Rd. NW. Please send an email to sosinabq@gmail.com for directions.
- **Last Friday SOS Moms Coffee Meet Up,** 8:30 am at Napoli Coffee 3035 Menaul Blvd. NE Contact Vivien for more information at 505-307-4393

Details

Ages: Adults
Races: All
Genders: All
Intake Process: Walk-In
Payment Options: Free
Waiting List: Never
Minimum Age: 16 years
Maximum Age: N/A
Contact: Joe Thompson
Contact Email: thompson.consulting@gmail.com

Services

Support Groups

Locations

St. Luke Lutheran Church

9100 Menaul NE
Albuquerque, NM 87107

Phone: (505) 400-9942
Hours: 2nd and 4th Saturday group, 1:00 to 2:30 pm
Languages Spoken: English
Geographic Area Served: Bernalillo County Sandoval County Santa Fe County Torrance County Valencia County

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Shepherd of the Valley Presbyterian Church

1801 Montano Rd. NW
Albuquerque, NM 87107

Phone: (505) 400-9942
Hours: 1st and 3rd Monday group from 7-8:30 pm
Geographic Area Served: Bernalillo County Sandoval County Santa Fe County Torrance County Valencia County

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St. Michael's and All Angels

601 Montano Rd. NW
Albuquerque, NM 87107

Phone: (505) 400-9942
Hours: 3rd Friday 12:00 -1:30 pm

Parent Organization

Survivors of Suicide, Inc.

A support group for those who are suffering the loss of someone they love to suicide. they are attended by recent and long-term survivors.who share their experiences dealing their loss.

3001 Indian Farm Lane NW
Albuquerque, NM 87107

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