

Tai Chi Chih Association

Rented facility to teach tai chi to the public, held classes open to the public throughout the year.

Details

Services

Education

Locations

3107 Eubank Blvd NE, Suite 19 Albuquerque, NM 87111

Phone: 505-299-2095

Parent Organization

Tai Chi Chih Association

Focus is on the development and balancing of energy, called Chi. TCC is easy to learn in about 8 classes and doesn't require physical fitness or coordination. The very old and very young alike can learn and benefit from it.

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